



Find impressions of our pilgrimage 2014 on YouTube: http://youtu.be/MIOM_0MEe7I or search for: camino 2014 xPand

Leaders Retreat on the Camino de Santiago

PACE[®] along the Way | 2018

Personality And Character Excellence

In order to deliver highest performance in a management position throughout many years, it is important that the leader finds the right PACE (Personality And Character Excellence). Leading oneself and fostering the ability to reflect upon the career, lifestyle and personal goals becomes crucial for long term success. But it turns difficult to find the spare time to do that besides the everyday life of a challenging career.

Take a valuable break of your daily routine and join **a group of European Leaders and Managers** on a unique experience **pilgrimage for one week** along the Camino de Santiago in Spain (Way of St. James). During the five day hike four Senior Executive Coaches will guide the group and each individual along a structured process to find everybody's own PACE. The group of maximum

12 participants will cover four essential topics of Personality and Character Development of a Leader:

- Leading oneself
- Authority, life fulfillment and dealing with power
- Resilience and burn out prevention
- Managing transitions in critical environments

The didactic concept of the Pilgrimage is based on more than 10 years' experience of coaching managers and groups in special settings as the Camino de Santiago and Benedictine Monasteries in Europe. You will receive intensive individual coaching by the international Executive Coaches, inspirational teachings, peer coaching rounds and lots of time of reflection for your own. Times of silence, one to one chats and group reflections about PACE will nourish your mind.

Testimonials of Participants

"For each day on the Camino the xPand-coaches had prepared a 'task of the day', challenging me to reflect and to honestly think about my personal life and my relationships to others. The daily coaching sessions led me to a new way to look upon my daily work, allowing me to better see the red line through all my tasks and jobs that sometimes leave me frustrated. I recommend the Camino Seminar to management either from industry or the public sector. "

Dr.-Ing. Olaf Sauer, Co-leader Fraunhofer Institut IOSB

"The 5 days pilgrimage to Santiago de Compostela was not just hiking in a beautiful landscape but provided deep self-reflection and the chance to get to know me, understand myself better – and now it positively impacts my value-based Leadership skills."

Dieter Kerkhoff, Director Technology Management, Automotive Tier1



SEMINARE · TRAINING

Inspiration. Motivation. Vision.



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The course of the journey

SUNDAY, JUNE 10TH

arrival of participants in Santiago de Compostela (Spain), transfer to starting point of the journey.

MONDAY, JUNE 11TH – FRIDAY, JUNE 15TH

5 one day hikes of approx. 30 kilometers each, arrival in Santiago de Compostela

FRIDAY, JUNE 15TH

visit of Santiago de Compostela

SUNDAY, JUNE 16TH

participants return to home countries. Optional: trip and visit to Finisterre, the former "end of the world"

Accommodation

The group spends the nights in selected accommodations along the Camino. The Albergues offer basic standards which emphasize the self-experience and –reflection of the participants. Separate group rooms allow undisturbed reflection and coaching rounds. The selected standard covers the basic individual needs without being too rustic.

Information

DATES

Start: June, 10th 2018; Arrival at Santiago de Compostela (Spain)

End: June, 16th 2018; departure to home country

COSTS

The overall costs per participant including accommodation, boarding and coaching materials 2700,- €, excluding travel expenses and personal drinks and beverages.

Executive Coaches



Ricardo Wiedenbrüg (Germany, Rest of Europe)
International Career as Engineer and Executive Manager; Since 2005 Executive Coach, Senior Consultant of xpanse GmbH; Coaching Languages Spanish, German, English

Contact: r.wiedenbrueg@xpanse.pro



Stefan Schaeuecker (Germany)
Business Consultant of xpanse GmbH; Deacon; expertise in Training and Coaching outdoors; Mountain Guide. Coaching Languages German, English

Contact: s.schaeuecker@xpanse.pro



Félix Ortiz (Spain)
International Career as Coach and Organizational Developer in Europe and Latin America. Directing Manager Eitan Coaching (Barcelona); Since 2002 Félix leads individual managers and groups on coaching retreats on the Camino de Santiago; Coaching Languages Spanish, English

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Thibault Vignes (France)
International career as entrepreneur and coach. Since 2006, Management consultant and executive coach, with specific expertise on collective performance. Coaching languages French, English, Spanish

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